

**B.A. Physical Education (non-teaching)- Exercise Science  
(120 credit hours)**

**Student Name:** \_\_\_\_\_

**Student ID:** \_\_\_\_\_

Transfer students with an Associate of Arts or Associate of Science degree are deemed to have met ALL General Education and University Orientation requirements. These students are considered 'Core Complete'

Transfer students with an Associate of Applied Science Degree are generally NOT 'Core Complete', but may be 'Category Complete' meeting the requirements for specific categories of the General Education Requirements. Please read requirements when advising these students.

UNIVERSITY REQUIREMENTS		Credit Hours	Grade	Semester
KSU 118	Introduction to University Learning	3		
KSU 186	Navigate the Tech World	3		
	<b>Total</b>	<b>6</b>		

**General Education track based on General Education Course List passed by Faculty Senate October 7, 2019.**

Communication: Written and Oral (3 courses)		Credit Hours	Grade	Semester
ENG 101	English Composition I	4		
ENG 102	English Composition II	3		
COM 103	Interpersonal Communication	3		
	<b>Total</b>	<b>10</b>		
Quantitative Reasoning: (1 course)		Credit Hours	Grade	Semester
MAT 111 or above	Contemporary Mathematics or above	3		
	<b>Total</b>	<b>3</b>		
Arts and Humanities: (3 courses), Foreign Language Option or Humanities Options		Credit Hours	Grade	Semester
<b>Option 1</b>				
<b>Choose 1</b>	<b>Arts Block</b>			
ART 130	Introduction to Art <b>OR</b>	3		
MUS 130	Introduction to Music <b>OR</b>	3		
THE 130	Introduction to Theatre <b>OR</b>	3		
ENG 211	Introduction to Literature	3		
	<b>Arts Total</b>	<b>3</b>		
	<b>AND</b>			
<b>Choose both</b>	<b>Foreign Language Block</b>			
	Foreign Language I	3		
	Foreign Language II	3		
	<b>Languages Total</b>	<b>6</b>		
	<b>Total</b>	<b>9</b>		
<b>OR</b>				
<b>Option 2</b>				
<b>Choose 1</b>	<b>Arts Block</b>			
ART 130	Introduction to Art <b>OR</b>	3		
MUS 130	Introduction to Music <b>OR</b>	3		
THE 130	Introduction to Theatre <b>OR</b>	3		
ENG 211	Introduction to Literature	3		
	<b>Arts Total</b>	<b>3</b>		

	<b>AND</b>			
<b>Choose 1</b>	<b>Humanities I</b>			
ASP 101	Black Experience in America <b>OR</b>	3		
EDU 204	Cultural Responsiveness <b>OR</b>	3		
IGS 200	Foundations of Cultures <b>OR</b>	3		
IGS 201	Convergence of Cultures <b>OR</b>	3		
IGS 300	Search for New Forms of Culture <b>OR</b>	3		
	<b>AND</b>			
<b>Choose 1</b>	<b>Humanities II</b>			
ASP 302	Readings in Black Women's History <b>OR</b>	3		
ASP 303	The American Civil Rights Movement <b>OR</b>	3		
ASP 305	Africana Intellectual Thought <b>OR</b>	3		
ASP 306	Economic Development in the Diaspora <b>OR</b>	3		
BUA 370	Global Business Issues <b>OR</b>	3		
COS 303	Human Perspective on Computing <b>OR</b>	3		
ENG 313	Non-Western Literature <b>OR</b>	3		
MUS/AAS 323	African-American Music <b>OR</b>	3		
IGS 301	Studies in African Cultures <b>OR</b>	3		
IGS 302	Studies in Asian Cultures <b>OR</b>	3		
IGS 303	Studies in Latin American Cultures <b>OR</b>	3		
IGS 304	The African-American Experience <b>OR</b>	3		
IGS 305	The Latino Experience	3		
	<b>Humanities Total</b>	<b>6</b>		
	<b>Total</b>	<b>9</b>		
<b>Natural Sciences: (1 Course)</b>		<b>Credit Hours</b>	<b>Grade</b>	<b>Semester</b>
	BIO 101, BIO 103, BIO 111, BIO 112; CHE 109; PHS 201, PHS 202, PHS 211, PHS 221, PHS 231, PHY 130; other courses with approval	3 or 4		
	<b>Total</b>	<b>3 or 4</b>		
<b>Social and Behavioral Sciences: (2 courses from <u>different</u> disciplines)</b>		<b>Credit Hours</b>	<b>Grade</b>	<b>Semester</b>
POS 101	American Government <b>OR</b>	3		
FIN 101	Financial Literacy <b>OR</b>	3		
HIS 108 <u>or</u> HIS 103	Intro to African American History <u>or</u> Western Civilization <b>OR</b>	3		
ECO 200 <u>or</u> ECO 201	Survey of Economics <u>or</u> Principles of Economics I <b>OR</b>	3		
PSY 200	General Psychology <b>OR</b>	3		
SOC 203	Principles of Sociology	3		
	<b>Total</b>	<b>6</b>		
<b>Grand Total</b>		<b>37-38</b>		

**B.A. Physical Education Exercise &  
Sports Studies (120 credit hours)**

**Student Name:** \_\_\_\_\_

**Student ID:** \_\_\_\_\_

**CORE REQUIREMENTS**

HED 107	First Aid and Safety	1		
HED 221	Personal Health/Lifetime Fitness	2		
HED 222	Personal Health/Lifetime Fitness II	2		
PHE 209/240/351	Beginning Swimming/Intermediate Swimming/Lifeguard Training	1		
PHE 218	Body Conditioning	1		
PHE 215	Team Sports Concepts	2		
PHE 216	Individual Sports Concepts	2		
PHE 301	Human Anatomy for PE and Sport	3		
PHE 302	Human Physiology for PE and Sport	4		
PHE 320	Adaptive Physical Education	3		
PHE 323	Principles of Physical Education	3		
PHE 324	Sports Injury: Prevention/Care	3		
PHE 330	Physiology of Exercise	4		
PHE 331	Kinesiology/Biomechanics	4		
PHE 332	Motor Development/Motor Learning	3		
PHE 333	Psychological and Sociological Aspects of Sports	3		
PHE 334	Principles of Strength and Conditioning	3		
PHE 380	Coaching Competitive Athletics	2		
PHE 401	Tests and Measurements for Health & Physical Edu.	3		
PHE 402	Research Methods for Exercise Science	3		
PHE 421	Org. & Administration of Health/Physical Edu	3		
PHE 440	Internship in Exercise Science	3		
FNU 104	Basic Nutrition	3		
BIO 220	Medical Terminology	2		
<b>Total</b>		<b>63</b>		

**20 Credit Hours of CONTENT ELECTIVES to be chosen from the following and/or Advisor recommendations:  
PHE 355; PHE 389; PHE 423; PHE 426; HED 300; HED 305; HED 321;**

EDU 202	Foundation of Teaching and Education	3		
<b>Total</b>		<b>20</b>		