

UPWARD BOUND



Message from the Director:

Dear Upward Bound Students and Parents:

Let me take a moment to catch my breath. Time is flying pass quickly and as soon as we close one component, another component is coming towards us. The summer component is upon us and the UB staff is busy planning a great program for each of you! The theme of our summer program is entitled:

“Welcome to B.R.E.D University: Be Bold. Be Resilient. Be Educated. Be Determined. B U @ KSU!”

Our goal is for you to develop the mindset of a college student, the mindset of a scholar! A scholar is someone who is prone to seek out information and apply that information to their lives and the lives of others in order to make it better. A scholar is someone who thinks critically and analytically. They question the status quo and seek for opportunities to create a better way. Scholars do not settle, they are trendsetters. They are movers and shakers who are always on the move. They don't wait for others to make decisions for them. They set out on quest to make decisions that can transform their lives and the lives of others.

Scholars KNOW they are somebody and what they know shows through their academic performance. Is that you? Well, if you are a participant of Upward Bound that is you! Get ready for the UB summer component which begins on June 8th and ends on July 15th. Rising Freshmen through Rising Juniors are expected to stay on campus for the first three weeks and commute the last three weeks of the program. Rising Seniors are expected to remain on campus from 8:00-12:15p.m. and if they have work-study, they may leave afterwards.

Before the summer component begins, I encourage you to end strong. For the seniors, do not allow senioritis to cause your grades to slip. Upward Bound is always here to encourage you! Remember, as the academic year comes to an end, you were B.R.E.D. for greatness!

Ms. Jee



Spring 2015



To Our Seniors

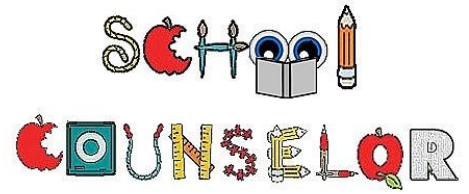
Congratulations

Christopher Brooks
Angelo Cordones
Cierra Graham
Dionne Hobbs
Kiara McDaniel
Anigius McIntyre
Lakyn Miller
Kayla Newton
Octavia Taylor

*Best wishes and we
will miss you all!*

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Story Headline

Take The ACT 12 Times!

For those who may not know the ACT is a national college admissions examination that tests students in English, Math, Reading, Science and Writing.

When I say take the ACT 12 times, I don't mean it literally. However, I encourage all Upward Bound Students to take the ACT as many times until you reach a 21 or above!

Why do I say 21? Because obtaining a 21 is slightly above average for students across the country and we know that all of our UB students are capable of reaching that score.

In addition, one of the many benefits of being in Upward Bound is all students are eligible to receive two fee waivers to take the ACT in a lifetime. How awesome is that! The ACT fee is \$38.00 per test without writing and \$54.40 with writing and students can take two test for FREE!

Here are some reasons why I say to take the ACT multiple times:

Having a higher ACT score opens up more opportunities for additional scholarships and students going to college for FREE.

It's a proven fact that when you take a test more than once and study for your test, your score will go up.

You will be more familiar with the test if taken more than once.

Facts about the ACT:

The highest score you can achieve is a 36

Actual testing time is 2 hours and 55 minutes

Students can take the ACT starting in 6th grade – 12th grade

All students take the ACT with their high school during their junior year in the spring for free.

Senior Angelo Cordones uses his graphic arts talent to present Ms. David-Jacobs with a poster of her wedding memories.



Inspirational Quotes from A to Z

Every **a**ccomplishment starts with the decision to try. (GAIL DEVERS)

Being different is one of the most **b**eautiful things on earth. (UNKNOWN)

Creativity is intelligence having fun. (ALBERT EINSTEIN)

The surest way not to fail is to **d**etermine to succeed. (RICHARD BRINSLEY SHERIDAN)

The **e**xpert in anything was once a beginner. (HELEN HAYES)

The best way to predict the **f**uture is to create it. (ABRAHAM LINCOLN)

You are never too old to set another **g**oal or to dream a new dream. (C.S. LEWIS)

There is no substitute for **h**ard work. (THOMAS EDISON)

Logic will get you from A to Z; **i**magination will get you anywhere. (ALBERT EINSTEIN)

A **j**ourney of a thousand miles begins with a single step. (LAO TZU)

The art of being wise is the art of **k**nowing what to overlook. (WILLIAM JAMES)

Today a reader, tomorrow a **l**eadership. (MARGARET FULLER)

One way to keep **m**omentum going is to constantly have greater goals. (MICHAEL KORDA)

Work alone is **n**oble. (THOMAS CARLYLE)

If a window of **o**ppportunity appears, don't pull down the shade. (THOMAS PETERS)

persistence is failing 19 times and succeeding the 20th. (JULIE ANDREWS)

quality is not an act, it is a habit. (ARISTOTLE)

Take **r**isks: if you win, you will be happy; if you lose, you will be wise. (UNKNOWN)

An obstacle is often a **s**tepping stone. (PRESCOTT)

I believe that every person is born with **t**alent. (MAYA ANGELOU)

Always desire to learn something **u**seful. (SOPHOCLES)

Setting goals is the first step in turning the invisible into the **v**isible. (TONY ROBBINS)

Wake up every morning with the thought that something **w**onderful is about to happen. (UNKNOWN)

The difference between ordinary and **e**xtraordinary is that little extra. (UNKNOWN)

Good habits formed at **y**outh make all the difference. (ARISTOTLE)

Zeal without knowledge is fire without light. (THOMAS HENRY HUXLEY)



GETTING READY FOR SUMMER PROGRAM!

Starting June 8th, 2015



June 8—Students move in dorms from Noon—2 PM

Campus (residential hall) through June 28th

June 29—July 10 Commute Week

Students will eat lunch only and will be picked up at 3:30 pm each day.

July 13—15 Summer trip (those who qualify)

SUMMER PROGRAM

During the summer, Upward Bound hosts a six week residential component that gives students the opportunity to reside on the historic Kentucky State University's campus. Kentucky State University, a historically black land grant university, is home to about 2,500 students. The University obtains numerous majors including Business Administration, Public Administration, Nursing, and Education. However, what is most unique is its Aquaculture program.

While on the campus of Kentucky State University, Upward Bound participants receive the "college experience." By taking summer classes in English, Writing, Math and Science as well as Foreign Language, students are prepared for the upcoming school year while being prepared for college.

Participants are also enriched in computer skills, ACT test prep, educational and cultural trips to various locations such as Cincinnati, Ohio, Florida and Universal Studios and others. They also attended several colleges and universities.

Government Employees Higher Education Initiative

KSU has unveiled its Government Employees Higher Education Initiative! Kentucky's governmental professionals are entitled to a 25 percent discount on tuition! Please share with all state and Frankfort/Franklin County employees you know.



Since UB Celebrated 50 years we thought we would look at KSU history:

What is now Kentucky State University—in what year was State Normal School for Colored Person established? _____

Answer 1866

1965 Bradford Hall was built

1970 KSC had 1,600 students

1975 Dr. William A. Butts named eighth president, pre-law added

1981 Julian Carroll Academic Services Building built

1986 University celebrated its centennial anniversary

1998 Whitney M. Young statue erected at the front entrance

2005 KSU purchased 320 acres in Henry Co. for Environmental Education Center

2008 Upward Bound Academic Counselor—Ms. T'Ebony Torain

2010 School of Business accreditation reaffirmed

2013 Upward Bound New Director— Ms. T'Ebony Torain

2015 You are an important part of Upward Bound



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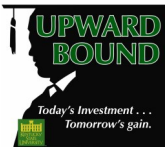
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